

HOW CAN YOU USE  
YOUTHPASS?

**Youthpass**

**YOUTHPASS IS A TOOL TO HELP YOU DOCUMENT AND RECOGNISE WHAT YOU HAVE LEARNT IN THE ERASMUS+: YOUTH IN ACTION OR THE EUROPEAN SOLIDARITY CORPS PROGRAMMES.**

»I strongly believe that all of my Youthpass certificates from different international trainings and exchanges have helped me prove all the experience, knowledge, insights and skills that I acquired there. If I hadn't been meticulous in filling them out, keeping them and attaching them to my applications, I probably wouldn't have gotten a job at a youth centre and my national professional qualification of youth worker.«

Urška Pavlovič,  
participant in EU programmes,  
Slovenia



1. **First, think what and how you would like to learn in the activity.**
2. **Think about what happened in the activity. What was new for you? What was unusual for you? How did you feel?**
3. **Discuss with your mentor or peers about what happened.**
4. **Describe what kind of changes you noticed and what you learnt in the activity.**
5. **Write down your findings in your Youthpass.**
6. **Add Youthpass to your CV. When in a job or school interview, explain how what you learnt in your international activity will help you in your new role.**

# YOUTHPASS

helps you write down what you have learnt in a structured way. You can structure the descriptions of your learning with the help of the framework of **8 key competences** for lifelong learning. A competence is defined as a combination of knowledge, skills and attitudes. Even though key competences are grouped into **8 MAIN AREAS**, they are interconnected and build on each other. The following questions can help you reflect on your learning:

## Multilingual competence

What aspects of a foreign language (ways of communication, expressing yourself, new words and phrases, traditions, etc.) did you learn? Which situations in the project helped you with that?

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## Personal, social and learning to learn competence

What do you like / what do you find challenging when you work together with other people?

What did you discover about yourself? In what ways do you think your participation in the project has changed you?

## Cultural awareness and expression competence

Did you learn about new ideas or methods of working with arts and culture? Which ones?

How open are you to experiencing forms of culture that were new to you?

## Digital competence

What kinds of different technologies did you use to prepare for and carry out your project (e.g. social media, audio-visual editing software, blogs)?

How did you approach online information critically?

## Literacy competence

When and how did you adapt your language to different people you were talking to?

## Citizenship competence

What did you learn about the social, economic, legal and political circumstances of people from other countries?

Did you contribute to your local community by participating in the project? In what way?

## Entrepreneurship competence

Which interests, passions and talents did you develop during the project?

What did you learn about project management, teamwork and cooperation?

## Mathematical competence and competence in science, technology and engineering (STEM)

In what way were you involved in the planning of the project? What was new for you? What did you learn about project management (time or budget management, etc.)?

How did you solve problems in your project?